



Liposculpture at SDIM & Spa – *What to Expect*

Here is an outline of the sequence of events before, during, and after your liposculpture procedure:

1. Pre-op Visit (<60 min) with Dr. Cutler & RN Sheena to do the following:
 - Assess your treatment goal and set realistic expectations
 - Review any significant answers to your *Questionnaire*
 - View before & after photos of a corresponding liposculpture patient
 - Discuss weight loss strategies (if needed)
 - Dr. Cutler completes your *Physician H&P*, maps out your *Body Chart*, does Pre-op photography, orders your compression garments, and sets price quote (*according to pricing sheet*)
 - Review and sign the *Consent*; read the *Pre- & post-op Info*
 - Dr. Cutler orders your pre-op lab work to be done 2 weeks prior to procedure
 - Get your prescriptions for your pre-op medications (with instructions)
 - RN reviews what to expect on your procedure day, post-op healing (first 2 weeks), compression suit mechanics, drainage + massage + pads + tape + chux, showering + diet, pain meds, and questions re consent, post-op info, follow up appointments, etc.

2. A week prior to your procedure – phone call: Dr. Cutler to review your lab results and RN to report results, confirm your driver's name & ph #, answer questions. Dr. Cutler will call you if discussion is needed regarding your labs results.

3. PROCEDURE DAY: lipo markings w/photography, PROCEDURE, recovery, transport home
 - a. Wait until you arrive at the office to take your Procedure Day medications
 - b. Dress in spa underwear/socks/robe; RN to check your weight, BP, and pulse; collect your personal belongings go into your labeled bag; demonstrate post-op supplies (compression garment, chux pads, maxi pads, tape)
 - c. Dr. Cutler performs your lipo markings w/photography
 - d. Proceed to the Liposculpture PROCEDURE room
 - e. Recovery room, then call your driver

4. NEXT DAY follow-up appointment to remove your compression garment for the first time, check drainage & pain level, take after photos

5. 2 WEEK follow-up appointment to assess healing and do photography

6. 8-12 WEEK follow-up appointment to do photography and discuss next stage if needed